

Supportive Care Services

The Marin Community Expansion Program is generously supported by the Christina Capurro Sand Brain Tumor Fund.

The UCSF Brain Tumor Center is committed to offering the best possible care for you and your family. In addition to the supportive care resources that are available at UCSF, we would like to highlight the following services available to UCSF patients in Marin County, as part of our affiliation with MarinHealth. If you would like information about any other supportive care services, please do not hesitate to contact your provider.

- **MarinHealth Integrative Wellness Center:** Holistic mind-body treatments and self-care education, acupuncture, massage therapy, mindfulness, guided imagery, nutrition. Patients can self-refer. www.MyMarinHealth.org/IWC
- **MarinHealth Supportive Care Center | A UCSF Health Clinic:** Palliative care, social work, advance care planning, spiritual care. Patients can self-refer, or your provider can make a referral. www.MyMarinHealth.org/SupportiveCareCenter





Community Services Available in Marin County

Brain Injury Rehabilitation

- Schurig Center: Neurocognitive and support programs.
schurigcenter.org

Food Resources

- Ceres Community Project: Low cost, organic, delivered meals.
ceresproject.org/ClientPages/HealingMeals.html
- Vivalon Meals: Low-cost healthy meals for pick-up or delivery.
vivalon.org/meals-and-nutrition/

Transportation

- Vivalon Care Pool: Free rides to medical visits or supermarket.
vivalon.org/transportation/
- American Cancer Society Road to Recovery:
Free rides to appointments for cancer patients.
cancer.org/treatment/support-programs-and-services.html



If you would like to receive a bi-monthly (about six times per year) e-newsletter about events and programs available to you in Marin, please register at tiny.ucsf.edu/marin

